



### Increasing Capacity to Treat Tobacco Use in the Alaska Tribal Health System

Project Period: June 2015 – March 2017

Grantee: Alaska Native Tribal Health Consortium, Tobacco Prevention Program Project Team: Cheryl Dalena, CTTS, ANTHC, Dana Diehl, CTTS, ANTHC, Crystal Meade, CTTS, <u>ANTHC</u>

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# Project Overview

Target Audience:

Physicians, mid-level providers, nurses, behavioral health clinicians, community health aides, health educators

Project Objectives:

- Adapt in-person Tobacco Treatment Specialist (TTS) training into an online training program
- Conduct a regional pilot of the online training program by January 2017
- Launch an accredited, interactive online learning platform by April 2017

### Lessons Learned

Translating content from a 5-day in-person course to an online format is time intensive and can not be done without multiple adaptations

Staff facilitation of the online course is time intensive yet crucial to student success

Incorporating interactive activities such as self check quizzes is challenging, yet crucial to student engagement

Hosting an online learning platform can be costly based on staff time needed to facilitate the course



### **Evaluation Outcomes**

Fifteen participants registered and completed the regional pilot, resulting in a 100% completion rate

Each participant completed and passed the post-test with an average grade of 86%-almost 20% higher than their pre-test scores

Based on student feedback, and pre and post-test results, the course met the expectations of ANTHC staff to develop a culturally responsive online tobacco treatment specialist training that reaches healthcare professionals in all regions of Alaska

### **Expected Results**

The goal of the online training is that at least 400 additional healthcare professionals will be trained within ten years of the April 2017 launch. By increasing the number of TTSs, and promoting evidence based treatment strategies, we hope to eventually see a decline in the percent of Alaska Native adults that report using tobacco.



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